



Guru Gobind Singh Indraprastha University
(A State University established by the Government of NCT of Delhi)
Sector 16-C, Dwarka, New Delhi 110078 www.ipu.ac.in



VICE CHANCELLOR'S SECRETARIAT

No.GGSIPU/VCO/2024/6940

Dated: 27.05.2024

INVITATION

For

Interaction Session on Nutrition and Diet by Dr. Poonam Jain (BDS, MS, MPH)

An Interaction session on Nutrition and Diet is being organized in the University on **29th May, 2024** in the E-Block Seminar Hall from **10.30 AM** onwards by **Dr. Poonam Jain** (BDS, MS, MPH), Vice Dean, ATSU Missouri School of Dentistry and Oral Health.

The Minute-to-Minute Programme is attached herewith.

All the Students, Teaching and Non Teaching staff of the University are cordially invited to attend the above session please.


(ROOP SINGH)
Assistant Registrar
Vice Chancellor's Sectt.

Copy to:

1. All Deans/Directors, USS/Centre, GGSIPU **with the request to please circulate the Invitation amongst all the Students, Teaching and Non-Teaching staff posted in their respective school/centre.**
 2. Controller of Finance, GGSIPU
 3. Controller of Examinations(I) , GGSIPU
 4. Controller of Examinations(II) , GGSIPU
 5. Superintending Engineer, UWD, GGSIPU
 6. Library Incharge, GGSIPU
 7. All Branch Incharge, GGSIPU
 8. AR to Registrar for kind information of the Registrar.
 9. Head, UITs with the request to upload the same on University website.
 9. Notice Board, GGSIPU
 10. Guard File.
- With the request to please circulate the Invitation among all the staff members posted in their respective branches please**



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MINUTE TO MINUTE PROGRAMME FOR THE SESSION ON NUTRITION AND DIET

by **Dr. Poonam Jain** (BDS, MS, MPH),
Vice Dean, ATSU Missouri School of Dentistry and Oral Health

Date: 29th May, 2024 **Venue: E-Block Seminar Hall**

•	Arrival of Guest	10.30 AM
•	Lighting of Lamp	10.33 AM
•	Floral Welcome and Felicitations of Guest	10.35 AM
•	Welcome Address	10.37 AM
•	Address by Hon'ble Vice Chancellor	10.40 AM
•	Session on Nutrition & Diet by Dr. Poonam Jain,	10.50 AM
•	Q & A Session for the participants with the Speaker	11.50 AM
•	High Tea	12.05 PM



GURU GOBIND SINGH INDRAPRASTHA UNIVERSITY



ICD
International College of Dentists
India | Sri Lanka | Nepal - Section VI



in association with
**Directorate of Students'
Welfare, GGSIPU**
presents

SESSION ON NUTRITION & DIET

WITH

DR. POONAM JAIN
BDS, MS, MPH

VICE DEAN, ATSU MISSOURI SCHOOL
OF DENTISTRY AND ORAL HEALTH

- Discussion of clear definition of Nutrition
- Relationship between diet & chronic diseases
- Clarification between evidence-based ideas and nutritional myths
- Description Dietary Guidelines for all ages- across the human life-span.



Wednesday, 29 May 2024
10:30AM - 12:00 Noon
E Block-Seminar Hall

WE
ARE WHAT
WE EAT
BUSTING
NUTRITIONAL
MYTHS

